

AMAZING ESCAPES FOR HORSE LOVERS

COUNTRY LEGEND
CHARLIE DANIELS

DRESSAGE STAR AND ENTREPRENEUR CHARLOTTE JORST

EXCLUSIVE
GEORGE MORRIS
BOOK EXCERPT





he ultraluxe Navara Springs sits under the misty Arenal Volcano in La Fortuna, Costa Rica. Accessible only by a 200-foot-long footbridge, the secluded resort is for adults only and attracts honeymooners and horse lovers from around the world.

The rainforests of

Central America are dense with vegetation and animal life. Huge, colorful plants line the stone pathways of the resort. Chirping frogs and the steady thump of warm rain on your villa's terrace will lull you to sleep in your extravagant four-poster, kingsize bed.

Outside, an infinity pool merges into the forest, allowing swimmers-turned-birdwatchers to spot



**ESCAPE** TO THE **RAINFOREST** 

FOR LUXURY AND **SECLUSION** 

toucans, hummingbirds, and macaws. Relaxation abounds in the spa's unique open-air bungalows, which offer volcanic mud treatments, or in a complimentary yoga class conducted in an incredible all-glass pavilion.

Riders of all levels can enjoy horseback excursions into the rainforest, crossing rivers and traversing coffee plantations and dense jungles. Depending on your

need for speed, walk or gallop with your guide across pastures or through the jungle to the volcano.

Other adventures include zip lining, whitewater rafting, and eco-tours that cross the numerous Arenal hanging bridges in a 600-acre nature reserve. A hike to the nearby Chato Peak, a dormant twin to the Arenal Volcano, will take you to a splendid crater lake and the La Fortuna waterfall. EQ + PAGE 105